



Saint Viator High School

2019 Fall Sports Information – Tryouts/Practice



All athletes must have a current physical on file before they can tryout/practice. **Sophomores, juniors and seniors:** Please note the sports physical form (IHSA Pre-Participation form) is available at www.saintviator.com. No physicals will be offered at Saint Viator this year. Incoming freshmen physicals will fulfill the Athletic Department Requirement.

**Mandatory Athletic Registration
For All Athletes**

Athletic Registration is available online on the homepage.
No walk-in registration. Sophomore, Junior and Senior athletes must have a current physical on file in the Athletic Department office before the first day of practice: August 12 for all sports.

Girls Field Hockey Club TBD



Boys & Girls Cross Country Monday, Aug. 12: 7 a.m.

Training begins for all levels.
Meet at softball field backstop.
Be ready to run.



Football

Aug. 12-16

Freshmen - 3:30-5:30 p.m. & Saturday morning practice



Girls Golf

Monday, Aug. 12

Sunset Meadows Driving Range in Arlington Heights.
All levels – 1 p.m.



JV and Varsity: Aug. 12, 8 a.m. Practice times vary.

Please see complete daily football calendar at saintviator.com/athletics/football.

Girls Swimming

Aug. 12-17

Meeting/Practice: 8 a.m. - 10:30 a.m.
Rec Park, Arlington Heights

All girls interested in swimming should meet the coach in the pool for a short meeting.
Practice will follow: bring swimsuit, cap, goggles, work out clothes and gym shoes.



Boys Golf

Varsity & Soph

–Aug. 12-13 – 7 a.m.

Old Orchard Country Club
\$50 tryout greens fee with check payable to Coach Jack Halpin.



Freshman

–Aug. 12 – 3 p.m.

Sunset Meadows Driving Range

Girls Tennis

Monday, Aug. 12-14: 3-6 p.m.

Forest View Racquet Club
Appropriate tennis attire required; shorts and t-shirt.

NO MIDRIFF. Please bring an adult size racquet, court shoes and a full water bottle. Experience a plus, but not required.



Boys Soccer

Monday, Aug. 12 - Tuesday, Aug. 20

3:30 p.m. - 5:45 p.m.

Saturday, Aug. 17

8 a.m. - 11:00 a.m.

No practice on Sunday.



Girls Volleyball

Aug. 12-13

Varsity and Sophomores: 4:15-6:15 p.m.

Cahill Gym

Freshmen: 3:30-5:30 p.m.

Mahoney Court



All the fall sports teams will have team PICTURES on SATURDAY, AUG. 24, 2019.