



# Saint Viator High School

## 2017 Fall Sports Information – Tryouts/Practice



All athletes must have a current physical on file before they can tryout/practice. **Sophomores, juniors and seniors:** Please note the sports physical form (IHSA Pre-Participation form) is available at [www.saintviator.com](http://www.saintviator.com). No physicals will be offered at Saint Viator this year. Incoming freshmen physicals will fulfill the Athletic Department Requirement.

### Mandatory Athletic Registration For All Athletes

Athletic Registration will be available online July 17.  
No walk-in registration. Sophomore, Junior and Senior athletes must have a current physical on file in the Athletic Department office before the first day of practice: August 7 for football and golf, August 9 for all other fall sports.

### Boys Cross Country

**Wednesday, Aug. 9: 7 - 9 a.m.**

Training begins for all levels.  
Meet at softball field backstop.  
Be ready to run.



### Girls Cross Country

**Wednesday, Aug. 9: 7 - 9 a.m.**

Training begins for all levels.  
Meet at softball field backstop.  
Be ready to run.



### Football - All levels

**Aug. 7-16**

Morning meeting & practice daily, including Sat., 8/12.

No practice for freshmen 8/16 due to freshman orientation.

**Aug. 17 and throughout season**

Afternoon practice/film, lifting daily...please see complete daily football calendar at [saintviator.com/athletics/football](http://saintviator.com/athletics/football).



### Girls Golf

**Monday, Aug. 7**

Sunset Meadows Driving Range in Arlington Heights.  
All levels – 2 p.m.



### Girls Swimming

**Wednesday, Aug. 9**

Meeting/Practice: 8 a.m.

All girls interested in swimming should meet the coach in the pool for a short meeting. Practice will follow: bring swimsuit, cap, goggles, work out clothes and gym shoes.



### Boys Golf

**Freshmen – Aug. 7 – 3 p.m. (no fee)**

Sunset Meadows Driving Range in Arlington Heights.

**Varsity & Sophomore – Aug. 8, 9 – 7 a.m.**

Old Orchard Country Club  
\$50 tryout greens fee with check payable to Coach Jack Halpin.



### Girls Tennis

**Wednesday, Aug. 9-11: 3:30-6 p.m.**

Forest View Racquet Club  
Appropriate tennis attire required; shorts and t-shirt.

NO MIDRIFF. Please bring an adult size racquet, athletic shoes and a full water bottle. Experience a plus, but not required.



### Boys Soccer

**Monday, Aug. 7 – Meeting**

5 p.m. in the gym (players only)

**Practice Schedule**

**Aug. 9-11 & 14-16**

6-8:30 a.m. and 4-6:30 p.m.

**Aug. 12**

7-9:30 a.m.

**Aug. 16 and throughout season**

3:30-5:30 p.m.



### Girls Volleyball

**Aug. 9-11 – all tryouts in Cahill Gym & Mahoney Court**

Seniors & Juniors: 5-7 p.m.

Sophomores: 5-7 p.m.

Freshmen: 4:30-6:30 p.m.



### Girls Field Hockey Club

**Aug. 21 – Heritage Park, Wheeling**

More information on [saintviator.com](http://saintviator.com).

**All the fall sports teams, band, cheerleaders and competitive dancers will have team PICTURES on SATURDAY, AUG. 19, 2017. Times TBA.**