

Saint Viator High School Girls Swimming

Meet Results

Palatine Triangular 06-Sep-08 SC Meters
Saint Viator High School [SVHS] Coach: Adam Clementi
Converted Times Used For Calculating Improvement

Time	F/P/S	Relay	Place	Points	Improv
Event # 1 FS Girls 200 Medley Relay					
3:16.70S	F	DQ A Relay			
		Saint Viator High School	---	---	
		Diana Vanstedum (SO)			
		Amanda Pacholok (SO)			
		Ciara Reidy (SO)			
		Ashley Herzfeldt (FR)			
		00.00 00.00 00.00 3:16.70			
Event # 2 JV Girls 200 Medley Relay					
2:46.42S	F	B Relay			
		Saint Viator High School	3	8	
		Liz Soler (SR)			
		Andie Podwika (SR)			
		Carolyn Jones (JR)			
		Michelle Mckee (SR)			
		24.36 24.36 00.00 2:46.42			
Event # 3 VR Girls 200 Medley Relay					
2:19.87S	F	C Relay			
		Saint Viator High School	4	6	
		Margaret Stefanowski (SO)			
		Melanie Battaglia (SO)			
		Lauren Gallagher (SR)			
		Stephanie Nolan (SO)			
		37.62 37.27 35.00 29.98			
Event # 3 VR Girls 200 Medley Relay - Lead-Off Legs (50 Back)					
37.62S		F Stefanowski, Margaret	---	---	1.76
Event # 4 FS Girls 150 Free					
2:06.31S		F Kerstetter, Katie	1	7	---
		36.77 44.60 44.94			
2:20.74S		F Reidy, Ciara	4	3	---
Event # 5 JV Girls 200 Free					
2:50.17S		F Lardner, Alli	3	4	10.35
		37.24 42.83 45.60 44.50			
3:20.95S		F Michalopoulos, Christina	5	2	-2.22
		42.78 51.93 54.70 51.54			
Event # 6 VR Girls 200 Free					
2:32.40S		F Belbin, Cally	5	2	3.30
		34.24 38.15 39.99 40.02			
2:49.50S		F Benas, Emily	6	1	-4.19
		35.89 42.72 45.99 44.90			
Event # 7 FS Girls 100 IM					
1:28.00S		F Soch, Carson	3	4	---
		41.95 46.05			
1:32.66S		F Michalopoulos, Eleni	4	3	---
		41.25 51.41			
Event # 8 JV Girls 200 IM					
4:29.10S		DQ F Mazanek, Eileen	---	---	---
		1:01.67 1:09.04 1:12.07 1:06.32			
3:22.11S		DQ F Mckee, Michelle	---	---	---
		44.93 49.85 1:00.59 46.74			
Event # 9 VR Girls 200 IM					
2:44.52S		F Nolan, Stephanie	2	5	-0.09
		37.12 45.35 44.49 37.56			

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2:49.24S	F Battaglia, Melanie	3	4	4.70
	38.71 45.74 45.32 39.47			
Event # 10 FS Girls 50 Free				
38.47S	F Reidy, Ciara	3	4	0.57
Event # 11 JV Girls 50 Free				
38.99S	F Malone, Meghan	5	2	2.06
40.99S	F Podwika, Andie	6	1	5.08
Event # 12 VR Girls 50 Free				
30.50S	F Shover, Megan	4	3	-1.12
31.29S	F Gallagher, Lauren	5	2	0.64
Event # 16 FS Girls 50 Fly				
44.30S	F Kerstetter, Katie	3	4	---
46.30S	F Supergan, Tracy	4	3	---
Event # 17 JV Girls 100 Fly				
1:41.51S	F Mckee, Michelle	5	2	-6.74
	45.49 56.02			
1:44.59S	F Jones, Carolyn	6	1	-7.82
	46.39 58.20			
Event # 18 VR Girls 100 Fly				
1:18.81S	F Harper, Mallory	4	3	-1.84
	37.61 41.20			
1:36.12S	F Benas, Emily	6	1	-1.09
	43.56 52.56			
Event # 19 FS Girls 100 Free				
1:16.68S	F Soch, Carson	3	4	0.80
	36.44 40.24			
1:38.12S	F Vanstedum, Diana	4	3	-3.89
Event # 20 JV Girls 100 Free				
1:16.28S	F Soler, Liz	4	3	0.39
	35.83 40.45			
1:17.99S	F Mallof, Eileen	5	2	-2.01
	35.91 42.08			
Event # 21 VR Girls 100 Free				
1:09.52S	F Stefanowski, Margaret	4	3	0.46
	33.27 36.25			
NS	F Gallagher, Lauren	---	---	---
	00.00 00.00			
Event # 22 FS Girls 300 Free				

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Time	F/P/S	Relay	Place	Points	Improv
4:42.29S		F Michalopoulos, Eleni	1	7	---
	38.96	44.17 47.49 49.59			
	51.59	50.49			
5:07.44S		F Supergan, Tracy	3	4	---
	46.68	48.73 53.91 54.25			
	52.73	51.14			
Event # 23 JV Girls 400 Free					
5:57.65S		F Lardner, Alli	4	3	26.67
	37.65	42.35 44.35 47.35			
	46.75	47.57 47.72 43.91			
6:50.46S		F Mendoza, Mandy	6	1	---
	43.34	50.93 51.43 53.86			
	54.10	53.85 53.80 49.15			
Event # 24 VR Girls 400 Free					
5:27.59S		F Harper, Mallory	4	3	17.19
	34.47	38.31 39.43 40.12			
	41.08	40.76 41.01 52.41			
5:31.49S		F Shover, Megan	5	2	-49.55
	34.86	39.22 41.63 43.07			
	43.87	43.69 44.08 41.07			
Event # 25 FS Girls 200 Free Relay					
3:05.18S	F	A Relay	Saint Viator High School	4	6
	Paulette Lopez (SO)		Ashley Herzfeldt (FR)	Diana Vanstedum (SO)	Amanda Pacholok (SO)
	58.12	45.10	41.71	40.25	
Event # 25 FS Girls 200 Free Relay - Lead-Off Legs (50 Free)					
58.12S		F Lopez, Paulette	---	---	---
Event # 26 JV Girls 200 Free Relay					
2:33.34S	F	B Relay	Saint Viator High School	4	6
	Eileen Mallof (FR)		Andie Podwika (SR)	Meghan Malone (JR)	
	35.22	41.03	39.30	37.79	
2:46.21S	F	C Relay	Saint Viator High School	5	4
	Eileen Mazanek (JR)		Carolyn Jones (JR)	Christina Michalopoulos (JR)	Mandy Mendoza (JR)
	47.50	36.87	40.38	41.46	
Event # 26 JV Girls 200 Free Relay - Lead-Off Legs (50 Free)					
35.22S		F Mallof, Eileen	---	---	---
47.50S		F Mazanek, Eileen	---	---	---
Event # 27 VR Girls 200 Free Relay					
2:04.22S	F	D Relay	Saint Viator High School	2	10
	Stephanie Nolan (SO)		Melanie Battaglia (SO)	Lauren Gallagher (SR)	Danielle Sterczek (SR)
	30.95	30.91	30.93	31.43	
Event # 27 VR Girls 200 Free Relay - Lead-Off Legs (50 Free)					
30.95S		F Nolan, Stephanie	---	---	-0.14

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Time	F/P/S	Relay	Place	Points	Improv
Event # 28 FS Girls 50 Back					
49.40S	F	Herzfeldt, Ashley	4	3	---
Event # 29 JV Girls 100 Back					
1:24.24S	F	Soler, Liz	3	4	1.40
		41.17 43.07			
1:42.81S	F	Tibbetts, Hannah	6	1	---
		47.91 54.90			
Event # 30 VR Girls 100 Back					
1:19.68S	F	Belbin, Cally	4	3	0.86
		37.93 41.75			
1:22.14S	F	Stefanowski, Margaret	5	2	3.85
		40.35 41.79			
Event # 31 FS Girls 50 Breast					
51.90S	F	Pacholok, Amanda	3	4	---
1:21.89S	DQ	F Lopez, Paulette	---	---	---
Event # 32 JV Girls 100 Breast					
1:48.85S	F	Jones, Carolyn	5	2	1.75
		49.97 58.88			
Event # 33 VR Girls 100 Breast					
1:20.10S	F	Nolan, Stephanie	2	5	0.32
		37.89 42.21			
1:21.40S	F	Battaglia, Melanie	3	4	1.12
		39.37 42.03			
Event # 34 FS Girls 400 Free Relay					
5:17.75S	F	A Relay	Saint Viator High School	2	10
		Carson Soch (FR)	Katie Kerstetter (FR)	Eleni Michalopoulos (FR)	
		36.34 40.54 37.21 42.53			
		37.69 40.85 40.46 42.13			
Event # 34 FS Girls 400 Free Relay - Lead-Off Legs (100 Free)					
1:16.88S	F	Soch, Carson	---	---	1.00
		36.34			
Event # 35 JV Girls 400 Free Relay					
5:21.41S	F	B Relay	Saint Viator High School	4	6
		Michelle Mckee (SR)	Eileen Mallof (FR)	Alli Lardner (SO)	Liz Soler (SR)
		36.81 42.29 38.35 44.10			
		38.55 44.22 36.97 40.12			
6:25.00S	F	C Relay	Saint Viator High School	6	2
		Christina Michalopoulos (JR)	Eileen Mazanek (JR)	Meghan Malone (JR)	Hannah Tibbetts (JR)
		42.02 49.33 50.41 58.27			
		44.76 50.35 43.72 46.14			
Event # 35 JV Girls 400 Free Relay - Lead-Off Legs (100 Free)					

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1:19.10S		F	Mckee, Michelle	---	---	4.49
	36.81					
1:31.35S		F	Michalopoulos, Christina	---	---	2.86
	42.02					

Event # 36 VR Girls 400 Free Relay

4:44.93S	F	D Relay	Saint Viator High School		4	6
	Mallory Harper (SR)		Danielle Sterczek (SR)	Margaret Stefanowski (SO)		Cally Belbin (SR)
	33.31	37.40	34.64	38.43		
	34.59	36.59	32.69	37.28		

Event # 36 VR Girls 400 Free Relay - Lead-Off Legs (100 Free)

1:10.71S		F	Harper, Mallory	---	---	-0.67
	33.31					