

**Saint Viator High School Girls Swimming**

**Meet Results**

**Crystal Lake Central 19-Sep-07 Yards**

| Time   | F/P/S | Relay   |                          |                        | Place | Points | Improv                  |
|--|-------|---------|--------------------------|------------------------|-------|--------|-------------------------|
| <b>Event # 1 JV Girls 200 Medley Relay</b>                             |       |         |                          |                        |       |        |                         |
| 2:27.05Y   | F     | A Relay | Saint Viator High School | SVHS                   | 1     | 6      |                         |
|  |       |         | Bridie Schuld (JR)       | Laura Wasmund (SR)     |       |        | Megan Shover (FR)       |
|  |       |         | 42.09 41.49 37.18 26.29  |                        |       |        |                         |
| X 2:37.08Y   | F     | C Relay | Saint Viator High School | SVHS                   | ---   | ---    |                         |
|  |       |         | Maura Dussman (JR)       | Michelle Mckee (JR)    |       |        | Alli Lardner (FR)       |
|  |       |         | 39.81 43.37 43.08 30.82  |                        |       |        |                         |
| 2:43.16Y   | F     | B Relay | Saint Viator High School | SVHS                   | 3     | 1      |                         |
|  |       |         | Diana Vanstedum (FR)     | Lauren Drolet (SO)     |       |        | Kalie Keenan (SO)       |
|  |       |         | 46.29 43.99 43.16 29.72  |                        |       |        |                         |
| X 2:44.92Y   | F     | F Relay | Saint Viator High School | SVHS                   | ---   | ---    |                         |
|  |       |         | Sarah LaMantia (SR)      | Raia Rosenbloom (JR)   |       |        | Nicole Covic (JR)       |
|  |       |         | 43.03 47.26 41.31 33.32  |                        |       |        |                         |
| X 2:50.94Y   | F     | D Relay | Saint Viator High School | SVHS                   | ---   | ---    |                         |
|  |       |         | Lauren Lavelle (JR)      | Carolyn Jones (SO)     |       |        | Hannah Tibbetts (SO)    |
|  |       |         | 39.44 52.80 40.39 38.31  |                        |       |        |                         |
| X 2:51.38Y   | F     | E Relay | Saint Viator High School | SVHS                   | ---   | ---    |                         |
|  |       |         | Amanda Pacholok (FR)     | Lauren Namovic (SR)    |       |        | Mandy Mendoza (SO)      |
|  |       |         | 44.91 50.68 40.28 35.51  |                        |       |        |                         |
| <b>Event # 1 JV Girls 200 Medley Relay - Lead-Off Legs ( 50 Back )</b> |       |         |                          |                        |       |        |                         |
| X 39.44Y   |       | F       | Lavelle, Lauren          | SVHS                   | ---   | ---    | ---                     |
| X 39.81Y   |       | F       | Dussman, Maura           | SVHS                   | ---   | ---    | ---                     |
| 42.09Y   |       | F       | Schuld, Bridie           | SVHS                   | ---   | ---    | ---                     |
| X 43.03Y   |       | F       | LaMantia, Sarah          | SVHS                   | ---   | ---    | 0.29                    |
| X 44.91Y   |       | F       | Pacholok, Amanda         | SVHS                   | ---   | ---    | ---                     |
| 46.29Y   |       | F       | Vanstedum, Diana         | SVHS                   | ---   | ---    | 10.59                   |
| <b>Event # 2 V Girls 200 Medley Relay</b>                              |       |         |                          |                        |       |        |                         |
| 1:59.91Y   | F     | G Relay | Saint Viator High School | SVHS                   | 1     | 6      |                         |
|  |       |         | Nikki Holladay (SR)      | Courtenay Raymond (SO) |       |        | Samantha Swiderski (FR) |
|  |       |         | 29.00 33.76 30.26 26.89  |                        |       |        |                         |
| 2:06.05Y   | F     | H Relay | Saint Viator High School | SVHS                   | 3     | 1      |                         |
|  |       |         | Cally Belbin (JR)        | Tori Lardner (SR)      |       |        | Lauren Gallagher (JR)   |
|  |       |         | 33.18 34.18 31.24 27.45  |                        |       |        |                         |
| <b>Event # 2 V Girls 200 Medley Relay - Lead-Off Legs ( 50 Back )</b>  |       |         |                          |                        |       |        |                         |
| 29.00Y   |       | F       | Holladay, Nikki          | SVHS                   | ---   | ---    | 1.00                    |
| 33.18Y   |       | F       | Belbin, Cally            | SVHS                   | ---   | ---    | 0.47                    |
| <b>Event # 3 JV Girls 200 Free</b>                                     |       |         |                          |                        |       |        |                         |
| 2:33.54Y   |       | F       | Dussman, Maura           | SVHS                   | 2     | 3      | -0.05                   |
|  |       |         | 34.68 38.52 39.64 40.70  |                        |       |        |                         |
| X 2:45.67Y   |       | F       | Lavelle, Lauren          | SVHS                   | ---   | ---    | ---                     |
|  |       |         | 37.63 41.19 43.98 42.87  |                        |       |        |                         |
| 3:03.29Y   |       | F       | Michalopoulos, Christina | SVHS                   | 4     | ---    | -3.54                   |
|  |       |         | 39.04 46.00 49.30 48.95  |                        |       |        |                         |
| <b>Event # 4 V Girls 200 Free</b>                                      |       |         |                          |                        |       |        |                         |
| 2:20.89Y   |       | F       | Stefanowski, Margaret    | SVHS                   | 2     | 3      | -1.36                   |
|  |       |         | 33.29 36.35 36.21 35.04  |                        |       |        |                         |
| 2:22.25Y   |       | F       | Crimmins, Katie          | SVHS                   | 4     | ---    | 3.82                    |
|  |       |         | 17.50 51.02 37.53 36.20  |                        |       |        |                         |

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|-------------------------------------|--------|-----------------------|-------|--------|--------|
| X 2:23.14Y                          |        | F Ward, Carolyn       | ---   | ---    | -0.35  |
|                                     | 32.60  | 36.34 38.30 35.90     |       |        |        |
| <b>Event # 5 JV Girls 200 IM</b>    |        |                       |       |        |        |
| 2:46.44Y                            |        | F Keenan, Kalie       | 1     | 4      | 0.32   |
|                                     | 36.70  | 43.48 49.78 36.48     |       |        |        |
| X 3:17.64Y                          |        | F Black, Alex         | ---   | ---    | ---    |
|                                     | 43.26  | 48.18 1:00.54 45.66   |       |        |        |
| 3:20.90Y                            |        | F Podwika, Andie      | ---   | ---    | ---    |
|                                     | 44.32  | 51.96 57.44 47.18     |       |        |        |
| <b>Event # 6 V Girls 200 IM</b>     |        |                       |       |        |        |
| 2:24.24Y                            |        | F Raymond, Courtenay  | 2     | 3      | 0.40   |
|                                     | 31.39  | 37.45 41.30 34.10     |       |        |        |
| 2:35.14Y                            |        | F Battaglia, Melanie  | 3     | 1      | -1.31  |
|                                     | 35.11  | 40.50 41.45 38.08     |       |        |        |
| X 2:43.97Y                          |        | F Torii, Lisa         | ---   | ---    | ---    |
|                                     | 37.94  | 42.93 47.26 35.84     |       |        |        |
| <b>Event # 7 JV Girls 50 Free</b>   |        |                       |       |        |        |
| X 30.27Y                            |        | F Mckee, Michelle     | ---   | ---    | ---    |
|                                     | 32.60Y | F Dussman, Maura      | 2     | 3      | 0.71   |
|                                     | 39.10Y | F Pacholok, Amanda    | 4     | ---    | ---    |
| <b>Event # 8 V Girls 50 Free</b>    |        |                       |       |        |        |
| 27.76Y                              |        | F Swiderski, Samantha | 1     | 4      | ---    |
|                                     | 27.81Y | F Lardner, Tori       | 2     | 3      | 0.72   |
| X 28.09Y                            |        | F Banaszak, Lauren    | ---   | ---    | -0.19  |
| <b>Event # 9 JV Girls 100 Fly</b>   |        |                       |       |        |        |
| 1:23.61Y                            |        | F Wasmund, Laura      | 2     | 3      | 0.92   |
|                                     | 38.69  | 44.92                 |       |        |        |
| 1:33.47Y                            |        | F Benas, Emily        | 3     | 1      | -6.40  |
|                                     | 42.30  | 51.17                 |       |        |        |
| X 1:35.86Y                          |        | F Schuld, Bridie      | ---   | ---    | ---    |
|                                     | 43.14  | 52.72                 |       |        |        |
| <b>Event # 10 V Girls 100 Fly</b>   |        |                       |       |        |        |
| 1:03.53Y                            |        | F Holladay, Nikki     | 1     | 4      | 0.45   |
|                                     | 29.77  | 33.76                 |       |        |        |
| 1:13.09Y                            |        | F Gallagher, Lauren   | 3     | 1      | -8.86  |
|                                     | 33.36  | 39.73                 |       |        |        |
| X 1:18.18Y                          |        | F Nolan, Stephanie    | ---   | ---    | -6.29  |
|                                     | 35.48  | 42.70                 |       |        |        |
| <b>Event # 11 JV Girls 100 Free</b> |        |                       |       |        |        |
| 1:05.22Y                            |        | F Shover, Megan       | 1     | 4      | -2.57  |
|                                     | 30.92  | 34.30                 |       |        |        |
| 1:09.57Y                            |        | F Mckee, Michelle     | 2     | 3      | -1.81  |
|                                     | 33.72  | 35.85                 |       |        |        |

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|---|---------|----------------------------|----------------------|--------------------|--------|--------|
| X 1:21.05Y                                |         | F Michalopoulos, Christina | SVHS                 | ---                | ---    | -1.60  |
|   | 37.48   | 43.57                      |                      |                    |        |        |
| <b>Event # 12 V Girls 100 Free</b>        |         |                            |                      |                    |        |        |
| 1:00.00Y                                  |         | F Swiderski, Samantha      | SVHS                 | 1                  | 4      | -29.89 |
|   | 29.62   | 30.38                      |                      |                    |        |        |
| 1:01.56Y                                  |         | F Banaszak, Lauren         | SVHS                 | 2                  | 3      | -0.90  |
|   | 29.50   | 32.06                      |                      |                    |        |        |
| NS  |         | F Lardner, Tori            | SVHS                 | ---                | ---    | ---    |
| <b>Event # 13 JV Girls 500 Free</b>       |         |                            |                      |                    |        |        |
| 6:26.98Y                                  |         | F Lardner, Alli            | SVHS                 | 1                  | 4      | 3.09   |
|   | 33.26   | 38.54 39.94 39.78          |                      |                    |        |        |
|   | 40.14   | 39.68 39.89 39.53          |                      |                    |        |        |
|   | 39.56   | 36.66                      |                      |                    |        |        |
| 7:19.07Y                                  |         | F LaMantia, Sarah          | SVHS                 | 4                  | ---    | ---    |
|   | 36.04   | 41.69 44.71 45.82          |                      |                    |        |        |
|   | 46.41   | 46.58 45.52 44.54          |                      |                    |        |        |
|   | 44.55   | 43.21                      |                      |                    |        |        |
| <b>Event # 14 V Girls 500 Free</b>        |         |                            |                      |                    |        |        |
| 5:54.15Y                                  |         | F Belbin, Cally            | SVHS                 | 1                  | 4      | -5.37  |
|   | 30.66   | 33.77 35.28 36.39          |                      |                    |        |        |
|   | 36.92   | 36.47 36.06 36.44          |                      |                    |        |        |
|   | 36.39   | 35.77                      |                      |                    |        |        |
| 6:18.00Y                                  |         | F Battaglia, Melanie       | SVHS                 | 3                  | 1      | ---    |
|   | 32.86   | 36.49 38.28 38.98          |                      |                    |        |        |
|   | 39.18   | 39.61 39.37 39.56          |                      |                    |        |        |
|   | 39.00   | 34.67                      |                      |                    |        |        |
| X 6:38.27Y                                |         | F Crimmins, Katie          | SVHS                 | ---                | ---    | 6.40   |
|   | 34.05   | 37.90 40.15 40.73          |                      |                    |        |        |
|   | 40.94   | 40.90 41.99 41.42          |                      |                    |        |        |
|   | 40.84   | 39.35                      |                      |                    |        |        |
| <b>Event # 15 JV Girls 200 Free Relay</b> |         |                            |                      |                    |        |        |
| 2:03.66Y F                                | A Relay | Saint Viator High School   | SVHS                 | 1                  | 6      |        |
| Megan Shover (FR)                         |         | Kalie Keenan (SO)          | Maura Dussman (JR)   | Emily Benas (SO)   |        |        |
|   | 29.29   | 29.78 32.26 32.33          |                      |                    |        |        |
| 2:09.07Y F                                | B Relay | Saint Viator High School   | SVHS                 | 3                  | 1      |        |
| Alli Lardner (FR)                         |         | Sarah LaMantia (SR)        | Alex Black (FR)      | Laura Wasmund (SR) |        |        |
|   | 32.16   | 32.64 33.72 30.55          |                      |                    |        |        |
| X 2:19.47Y F                              | D Relay | Saint Viator High School   | SVHS                 | ---                | ---    |        |
| Christina Michalopoulos (SO)              |         | Lauren Lavelle (JR)        | Mandy Mendoza (SO)   | Bridie Schuld (JR) |        |        |
|   | 35.10   | 35.38 34.76 34.23          |                      |                    |        |        |
| X 2:20.82Y F                              | E Relay | Saint Viator High School   | SVHS                 | ---                | ---    |        |
| Carolyn Jones (SO)                        |         | Molly Schuld (SO)          | Raia Rosenbloom (JR) | Lauren Drolet (SO) |        |        |
|   | 34.30   | 36.34 34.37 35.81          |                      |                    |        |        |
| X 2:25.06Y F                              | C Relay | Saint Viator High School   | SVHS                 | ---                | ---    |        |
| Diana Vanstedum (FR)                      |         | Andie Podwika (JR)         | Lauren Namovic (SR)  | Nicole Covic (JR)  |        |        |
|   | 40.44   | 36.62 34.43 33.57          |                      |                    |        |        |
| X 2:35.21Y F                              | F Relay | Saint Viator High School   | SVHS                 | ---                | ---    |        |
| Amanda Pacholok (FR)                      |         | Ciara Reidy (FR)           | Hannah Tibbetts (SO) | Meagan Hickey (JR) |        |        |
|   | 40.64   | 38.23 40.63 35.71          |                      |                    |        |        |

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| Time  | F/P/S   | Relay                    |                           |                      | Place | Points | Improv                 |
|---|---------|--------------------------|---------------------------|----------------------|-------|--------|------------------------|
| <b>Event # 15 JV Girls 200 Free Relay - Lead-Off Legs ( 50 Free )</b> |         |                          |                           |                      |       |        |                        |
| 29.29Y  | F       | Shover, Megan            | SVHS                      |                      | ---   | ---    | ---                    |
| 32.16Y  | F       | Lardner, Alli            | SVHS                      |                      | ---   | ---    | ---                    |
| X 34.30Y  | F       | Jones, Carolyn           | SVHS                      |                      | ---   | ---    | 0.49                   |
| X 35.10Y  | F       | Michalopoulos, Christina | SVHS                      |                      | ---   | ---    | 0.25                   |
| X 40.44Y  | F       | Vanstedum, Diana         | SVHS                      |                      | ---   | ---    | -3.36                  |
| X 40.64Y  | F       | Pacholok, Amanda         | SVHS                      |                      | ---   | ---    | ---                    |
| <b>Event # 16 V Girls 200 Free Relay</b>                              |         |                          |                           |                      |       |        |                        |
| 1:52.62Y  | F       | G Relay                  | Saint Viator High School  | SVHS                 | 1     | 6      |                        |
|   |         |                          | Lauren Gallagher (JR)     | Lauren Banaszak (SR) |       |        | Courtenay Raymond (SO) |
|   | 28.90   | 27.70                    | 28.37                     | 27.65                |       |        |                        |
| 1:58.91Y  | F       | H Relay                  | Saint Viator High School  | SVHS                 | 3     | 1      |                        |
|   |         |                          | Margaret Stefanowski (FR) | Kelly Schreuder (FR) |       |        | Lisa Torii (SR)        |
|   | 29.26   | 29.07                    | 30.18                     | 30.40                |       |        |                        |
| <b>Event # 16 V Girls 200 Free Relay - Lead-Off Legs ( 50 Free )</b>  |         |                          |                           |                      |       |        |                        |
| 28.90Y  | F       | Lardner, Tori            | SVHS                      |                      | ---   | ---    | 1.81                   |
| 29.26Y  | F       | Ward, Carolyn            | SVHS                      |                      | ---   | ---    | -0.20                  |
| <b>Event # 17 JV Girls 100 Back</b>                                   |         |                          |                           |                      |       |        |                        |
| 1:18.61Y  | F       | Shover, Megan            | SVHS                      |                      | 1     | 4      | 1.55                   |
|   | 1:18.61 | 00.00                    |                           |                      |       |        |                        |
| 1:23.95Y  | F       | Lavelle, Lauren          | SVHS                      |                      | 2     | 3      | -6.97                  |
|   | 41.43   | 42.52                    |                           |                      |       |        |                        |
| X 1:26.44Y  | F       | Namovic, Lauren          | SVHS                      |                      | ---   | ---    | -10.00                 |
|   | 1:26.59 | .15                      |                           |                      |       |        |                        |
| <b>Event # 18 V Girls 100 Back</b>                                    |         |                          |                           |                      |       |        |                        |
| 1:01.29Y  | F       | Holladay, Nikki          | SVHS                      |                      | 1     | 4      | 2.90                   |
|   | 30.08   | 31.21                    |                           |                      |       |        |                        |
| 1:12.22Y  | F       | Stefanowski, Margaret    | SVHS                      |                      | 2     | 3      | 1.69                   |
|   | 35.92   | 36.30                    |                           |                      |       |        |                        |
| X 1:17.51Y  | F       | Crimmins, Katie          | SVHS                      |                      | ---   | ---    | 0.71                   |
|   | 39.21   | 38.30                    |                           |                      |       |        |                        |
| <b>Event # 19 JV Girls 100 Breast</b>                                 |         |                          |                           |                      |       |        |                        |
| 1:22.94Y  | F       | Keenan, Kalie            | SVHS                      |                      | 1     | 4      | 1.95                   |
|   | 38.66   | 44.28                    |                           |                      |       |        |                        |
| 1:34.15Y  | F       | Schuld, Bridie           | SVHS                      |                      | 3     | 1      | 0.27                   |
|   | 44.71   | 49.44                    |                           |                      |       |        |                        |
| X 1:39.10Y  | F       | Black, Alex              | SVHS                      |                      | ---   | ---    | 0.87                   |
|   | 45.57   | 53.53                    |                           |                      |       |        |                        |
| <b>Event # 20 V Girls 100 Breast</b>                                  |         |                          |                           |                      |       |        |                        |
| 1:13.99Y  | F       | Nolan, Stephanie         | SVHS                      |                      | 2     | 3      | 1.82                   |
|   | 35.33   | 38.66                    |                           |                      |       |        |                        |
| 1:17.79Y  | F       | Schreuder, Kelly         | SVHS                      |                      | 3     | 1      | 1.63                   |
|   | 37.55   | 40.24                    |                           |                      |       |        |                        |
| X 1:26.45Y  | F       | Torii, Lisa              | SVHS                      |                      | ---   | ---    | 7.00                   |
|   | 41.57   | 44.88                    |                           |                      |       |        |                        |
| <b>Event # 21 JV Girls 400 Free Relay</b>                             |         |                          |                           |                      |       |        |                        |

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**Crystal Lake Central 19-Sep-07 Yards**

|                    |         |                          |                     |                      |     |
|--------------------|---------|--------------------------|---------------------|----------------------|-----|
| 4:51.98Y F         | A Relay | Saint Viator High School | SVHS                | 1                    | 6   |
| Laura Wasmund (SR) |         | Alli Lardner (FR)        | Lauren Namovic (SR) | Michelle Mckee (JR)  |     |
| X 5:16.13Y F       | C Relay | Saint Viator High School | SVHS                | ---                  | --- |
| Nicole Covic (JR)  |         | Carolyn Jones (SO)       | Mandy Mendoza (SO)  | Ciara Reidy (FR)     |     |
| 5:32.06Y F         | B Relay | Saint Viator High School | SVHS                | 3                    | 1   |
| Lauren Drolet (SO) |         | Andie Podwika (JR)       | Molly Schuld (SO)   | Raia Rosenbloom (JR) |     |

**Event # 22 V Girls 400 Free Relay**

|                     |         |                          |                        |                           |     |
|---------------------|---------|--------------------------|------------------------|---------------------------|-----|
| 3:58.57Y F          | D Relay | Saint Viator High School | SVHS                   | 1                         | 6   |
| Nikki Holladay (SR) |         | Lauren Gallagher (JR)    | Courtenay Raymond (SO) | Samantha Swiderski (FR)   |     |
| 4:11.17Y F          | E Relay | Saint Viator High School | SVHS                   | 2                         | 3   |
| Tori Lardner (SR)   |         | Lauren Banaszak (SR)     | Cally Belbin (JR)      | Margaret Stefanowski (FR) |     |
| X 4:28.77Y F        | F Relay | Saint Viator High School | SVHS                   | ---                       | --- |
| Lisa Torii (SR)     |         | Katie Crimmins (SR)      | Carolyn Ward (SR)      | Stephanie Nolan (FR)      |     |