

# Team Rules

1. Be a team player at all times.
2. Be a good person and treat others with respect at all times.
3. One unexcused absence from practice, during a week will result in a player choosing one of the following options: (1) 6:15am conditioning to be scheduled with the head coach, (2) A starter not starting the game during the week practice was missed, or (3) A non-starter sitting out the first half from the game practice was missed. Two unexcused absences during one week will result in an automatic game suspension. Repeated unexcused absences may result in dismissal from the team. {If a player has a question about what is excused or unexcused, he should ask the head coach.} If a player has three or more excused absences during a week than that player will not start the week practices were missed. {Athletes who miss for academic help after school will not be penalized.} **The head coach will determine what constitutes excused/unexcused absences.** Examples of unexcused absences: Fashion show fittings, sporting events, going home to do homework, doctor's appointments unless scheduled for injury, college visits and anything else deemed unexcused by the head coach. If the athlete is sick and unable to attend practice on a **non-school** day, the athlete must notify the coach prior to practice. If notification is not provided, the absence will be considered unexcused. **(847) 392-4050 ext. 213**

Note: The rules for absences apply only to varsity athletes. Lower level athletes who miss practice will be dealt with on an individual basis.

- 3b. One unexcused absence in a week, **for a Freshman level player**, will result in that player being required to stay after practice in conditioning club. Two unexcused absences in a week will result in that player being suspended for that game. **(This includes Saturday practices.)** If a player has three or more excused absences in a week that player will not start the week practices are missed. Examples of unexcused absences: fashion show fitting, sporting events, going home to do homework, doctor's appointments unless scheduled for injury, and anything else deemed such by the head coach.
4. All players are required to be signed out by an adult in order not to ride the bus home from road games. All varsity athletes will ride the bus to and from home games. Players are not permitted to drive or ride home with non-adults.
5. Be on time. During a school day practice begins at 3:30. Players are also expected to be on time for bus transportation to and from games. If an athlete is late for scheduled activities, the whole team will be required to condition.

{Detentions are not excused tardies.} Any tardy after 30 minutes will be considered an unexcused absence.

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I have read and understand the football manual for St. Viator football and agree to uphold the rules and regulations set forth in it. I agree to always be a positive representative of my family, St. Viator High School, and myself.

Sign: \_\_\_\_\_

Date: \_\_\_\_\_