

# **Minimum Requirements for Watching Film**

1. All positions except QB are required to watch a minimum of 20 minutes of film per day (Saturday – Thursday). This is a minimum 2 hours per 7 days of film.
  
2. QB's are required to watch 25 minutes of film per day (Saturday – Thursday). This is a minimum of 2 hours per 7 days of film.

People who do not meet the requirements will get opportunity for personal improvement after practice.