

Elite Lion Program

Purpose:

Create leadership within the team, allow players to create a sense of accountability, and promote a real sense of family and team unity.

Rules:

1. A draft will be held. Each player on the leadership committee will draft players for a team that they will be the captain of.
2. Points will be awarded or taken away according to certain criteria.
3. The Varsity and sophomore team with the most points at the end of the off season will receive dinner at a restaurant of their choice and be 1st to get their equipment and #.
4. The Varsity and sophomore teams with the fewest points at the end of the season will be required to set up the gym for equipment handout and put the equipment away. They will also be the last to get their equipment and #.
5. The Varsity and sophomore team with the fewest points at the end of the off-season will be required to set up the equipment and water for practices leading up to the 1st game.

Point System

Points will be awarded and taken away every two weeks and then posted in the weight room and locker room.

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1. Perfect Attendance: 20 points	1. Missing a workout: -20 points
2. Getting A/B's: 20 points	2. Receiving a detention: -10 points
3. Making Team Shirts (approved by Coach K): 50 points	3. Getting D/F's: -20 points
4. Extra Work: 5 points	4. Not on time: -10 points
5. Go to a school athletic event with your whole team: 10 points	5. Bad language: -5 points
6. Overall strength gain: 300 points	