

DAY		GAME		GEAR	SAINT VIATOR THURSDAY PRACTICE SCHEDULE					DOWN & DIST	ZONES	
Thursday												
TEAM FILM												
SP. TEAM MEET												
GROUP MEET					SPEC. TEAMS	PLAYS OF DAY	TYPE	FRONTS	SITUATIONS	BLITZES	COVERAGES	
DRESS & TAPE												
SPEC. ON FIELD												
PRE BEGINS					EARLY OUTS							
INSTALL					Pre Game			MOTIVATION				
REMINDERS					Funny Hat Day			COACHING EMPHASIS				
FILM	Time	LOS	PD	Offense					Defense			
	3:45pm			Punters, Kickers Holders, Snappers, Returners					Punters, Kickers, Holders, Snappers, Returners			
	4:00		1	Warmup					Warmup			
			2									
			3									
			4									
			5									
	4:30		6	H2O								
			7	Team Defense vs. Scout O								
			8									
			9									
			10									
			11									
	5:00		12	H2O								
			13	Team Offense vs. Scout D								
			14									
			15									
			16									
			17									
	5:30		18	Special Game Situations (Prevent, 4th down situations, Irish, 2 point plays, Victory, Mary, Backed up punt, X Point numbers)								

